

International Work Camps Schedule 2009

Camp Code	Location	Dates	Activity	Free Places
PIVS/1/09	Voi	13 th Feb – 26 th Feb	Construction / Income	Open – apply
PIVS/2/09	Embu	27 th Feb – 19 th March	Education	
PIVS/3/09	Nairobi	6 th Mar – 19 th March	Social / Income	Open - apply
PIVS/4/09	Machakos	20 th Mar – 9 th April	Environment / Manual	
PIVS/5/09	Embu	17 th April – 7 th May	Social / Manual / Income	Open - apply
PIVS/6/09	Nairobi	8 th May – 21 st May	Education / Income	Open - apply
PIVS/7/09	Kitui	22 nd May – 11 th June	Social / Art	
PIVS/8/09	Kajiado	5 th June – 25 th June	Social / Income	Open - apply
PIVS/9/09	Machakos	19 th June – 9 th July	Education / Social	
PIVS/10/09	Mombasa	10 th July – 30 th July	Education / Social	Open - apply
PIVS/11/09	Nairobi or any other location	7 th Aug – 27 th Aug	Social / Education	Open - apply
PIVS/12/09	Kajiado	4 th Sept – 24 th Sept	Social / Income	Open - apply
PIVS/13/09	Kisumu	18 th Sept – 8 th Oct	Income / Manual	
PIVS/14/09	Mombasa	2 nd Oct – 22 nd Oct	Environmental / Income	Open - apply
PIVS/15/09	Kitui	23 rd Oct – 12 th Nov	Environmental / Income	
PIVS/16/09	Nairobi or any other location	13 th Nov – 3 rd Dec	Social / Education	Open - apply
PIVS/17/09	Machakos	4 th Dec – 24 th Dec	Environment / Social	Open - apply
PIVS/18 /09	Mombasa	18 th Dec – 7 th Jan 2010	Education / Social	

Mid and Long Term Program Schedule 2009

Project No	Project Locations	Project Activities	Project Focus	Volunteers Requirements	Time Frame
PIVS/1:01/09	1. Kisumu – Government Hospital (Possibility of Visiting Presiden't Obama's Father's village)	1. Nursing 2. Counseling 3. Physiotherapy 4. Counseling 5. Nutritionist (feeding) 6. Morgue attendant 7. Dispensing 8. Equipment maintenance 9. Clerical 10. General Cleaning	Health	Volunteers with nursing skills, paramedics, doctors required, also non skilled volunteers are welcomed APPLY	Open any time
PIVS/2:01/09	2. Kisumu – Government Hospital	Same as above	Same as above	Same as above	Same as above
PIVS/3:01/09	3. Arusha Tanzania – Private Hospital (Maasai Community)	Same as above	Same as above	Same as above	Same as above
PIVS/4:01/09	4. Voi – Private Hospital	Same as above	Same as above	Same as above	Same as above
PIVS/1:02/09	1. Kitengela Township – Children's Home	1. Counseling 2. Administrator / Office Manager 3. Teaching	Social Work	Volunteers with counseling skills, and management and administration experience required, also non skilled volunteers are welcomed APPLY	Open any time



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PIVS/2:02/09	2. Machakos District – Children’s Home	1. Counseling 2. Teaching	Same as above	Volunteers with counseling skills, Nursery or Early childhood education required, also non skilled volunteers are welcomed APPLY	Open any time
PIVS/3:02/09	3. Mombasa – School of mentally handicapped	1. Counseling 2. Teaching 3. Therapy	Same as above	Volunteers with teaching, counseling, early childhood education, experience required, occupational therapist, art and music teachers required, also non skilled volunteers are welcomed APPLY	Open any time
PIVS/4:02/09	4. Arusha Tanzania – Children’s home (Maasai Community)	1. Counseling 2. Teaching	Same as above	Volunteers with Teaching and counseling, skills and experience required, also non skilled volunteers are welcomed APPLY	Open any time
PIVS/5:02/09	5. Kisumu – Children’s Home (Possibility of Visiting President’s Obama’s Father’s village)	1. Counseling 2. Teaching	Same as above	Volunteers with counseling and early childhood education experience required, also non skilled	Open any time



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PIVS/6:02/09	6. Mombasa – Mentally Handicapped Home	<ol style="list-style-type: none"> 1. Counseling 2. Teaching 3. Therapy 	Same as above	<p>volunteers are welcomed APPLY</p> <p>Volunteers with teaching, counseling, early childhood education, experience required, occupational therapist, art and music teachers required, also non skilled volunteers are welcomed APPLY</p>	Open any time
PIVS/7:02/08	7. Mombasa – Children’s Home	<ol style="list-style-type: none"> 1. Counseling 2. Teaching 	Same as above	<p>Volunteers with Teaching and counseling, skills and experience required, also non skilled volunteers are welcomed APPLY</p>	Open any time
PIVS/1:03/09	1. Kitui District – Primary School	<ol style="list-style-type: none"> 1. Teaching 2. Counseling 	Education	Volunteers required with teaching knowledge of Primary level education in the	<p>Jan – April</p> <p>May – Aug</p> <p>Sept - Nov</p>

PIVS/2:03/09	2. Mombasa – Community School	1. Teaching 2. Counseling	Same as above	areas of Mathematics, English and Science APPLY	Jan – April May – Aug Sept - Nov
PIVS/3:03/09	3. Arusha Tanzania – Primary School Maasai Community	1. Teaching 2. Counseling	Same as above	Same as above	Jan – April May – Aug Sept - Nov
PIVS/4:03/09	4. Kajiado District – Secondary School Maasai Community	1. Teaching 2. Counseling	Same as above	Same as above	Jan – April May – Aug Sept - Nov
PIVS/5:03/09	5. Taita Taveta District – Community School	Teaching Computers	Same as above	Volunteers required with teaching Knowledge on the following area Computer and Information technology APPLY	Jan – April May – Aug Sept - Nov
PIVS/1:04/09	1. Nairobi – PIVS office management and planning, Fair Trade, (Micro finance) Language and Culture	1. Fundraising Publicity for our 2006 – 2008 strategic plan 2. Business Management 3. Marketing 4. Teaching Italian and German Language 5. Fair trade 6. Making Pizzas and Cheese	Organization development Capacity building and Language training for PIVS staff Income Generation	Volunteer with fundraising publicity skills, managerial, administrative experience required, teaching Italian and German language, also non skilled volunteers are welcomed APPLY	Open from February



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PIVS/2:04/09	<p>2. Nairobi – Human Rights organization 3 projects</p>	<ol style="list-style-type: none"> 1. Legal Aid 2. Counseling victims of Rape, Domestic violence and Child Abuse 3. Advocacy 4. Research and outreach 5. Education 	Human Rights and Legal	<p>Volunteers required are law students, counselors, sociologists' knowledge of human rights and violence issues, also non skilled volunteers are welcomed APPLY</p>	Open any time
PIVS/3:04/09	<p>3. Mombasa / Lamu - National Museums of Kenya (Mandatory we have Volunteer C.V. or Resume)</p>	<ol style="list-style-type: none"> 1. Educating and teaching the local conservation and eco – system 2. Collection and Compilation of historical data 3. Documentation of Historical data 4. Educating and teaching the local people on importance of National Heritage Preservation 5. Designing information package for tourist, marketing the holiday destination package 	Environment Conservation (Marine Life) Historical Building and National Heritage Preservation	<p>Volunteers with experience in Environmental knowledge especially (Marine Life), experience in Cultural and Sociology studies (African Culture) , Archaeology and pataelogy students are required Volunteers with experience in Heritage preservation are encouraged to APPLY</p>	Open any time
PIVS/4:04/09	<p>4. Mombasa – Wildlife Organization</p>	<ol style="list-style-type: none"> 1. Educating and teaching the local people on Marine life conservation and eco – system 2. Research 3. Outreach programs to 	Environment Conservation (Marine Life)	<p>Volunteers with experience in Environmental knowledge especially (Marine Life), Biologist and Ecologist are also</p>	Open any time



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PIVS/5:04/09	5. Kwale – Wildlife Organization (Mandatory we have Volunteer C.V. or Resume)	schools 1. Educating and teaching the local conservation and eco – system 2. Monitoring and research of wild animals 3. Conservation and management of Wild animals 4. Designing information package for tourist, marketing the holiday destination package 5. Community outreach – controlling and reducing conflict with people	Wildlife Conservation	encouraged to APPLY Volunteers with experience and knowledge in Environmental issues, wildlife conservationist, Zoologists, Biologists are encouraged to APPLY	Open any time
PIVS/6:04/09	6.Rural areas – Agriculture Organization	1. Animal breeding management 2. Modern crop husbandry techniques 3. Clinical services 4. Training – farm planning and budgeting 5. Laboratory services – moisture testing, soil PH testing	Agriculture	Volunteers with experience and knowledge in Crop and Livestock production are encouraged to APPLY	Open any time
PIVS/7:04/09	7.Nairobi – Physically Disabled Institution	1. Teaching IT and Programming 2. Teaching	Education	Volunteers with experience and knowledge in	Open any time

PIVS/8:04/09	8. Nairobi – Music for All (Instruments, reading music, Singing)	business skills/entrepreneurship 1. Teaching Piano, Flute, Saxophone, Guitar, Violin, Drums 2. Acting 3. Teaching Salsa Capoeira and Tap dancing 4. Poem recital 5. Voice training	Music	Computer, Programming Web design and Business skills, accounting micro finance are encouraged to APPLY Volunteers with experience and knowledge in Music and teaching musical instruments are encouraged to APPLY	Open any time
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Volu-Tourism Itinerary 2009

Ideal for family, friends, groups and business and adventurous people

In addition we are encouraging people to visit the slums in Nairobi to take time and see the progress people are doing living in poverty, we are organizing a 3 hours visit in Nairobi where you can take time to talk to people and children and see how you can assist them either morally, financially and spiritually.

One Day Educational Tour of Nairobi City

Tour covers the Nairobi City Center, Maasai Market/City Market, Parliament buildings, Railway Station, National Museum, Bomas of Kenya, National Archives, Mamba Village and Outing at one of Nairobi's Disco club (African Fusion) e.t.c



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The tour starts at 10:00a.m at National archives, 11:00a.m National Museum, 1:00p.m, Maasai Market, 2:30p.m Bomas of Kenya or Mamba Village and 9.00p.m Disco club.

Adventure/Expedition Minimum 4 persons

This is designed for adventurous or sport oriented persons.

Day 1 Nairobi to Jinja – over night at Back Packers Camp

Day 2 Full day of Rafting at the Source of the Nile – over night at Back Packers

Day 3 transfer from Jinja to Naivasha overnight at Fisherman’s Camp

Day 4 full day of trekking/cycling at Hell’s gate national Park meals and overnight at fisherman’s camp.

Day 5 Mount Longonot hiking – 1 hour climbing up, 2 and half hours to cover the crater rim, 1 hour descending down, and then return to Nairobi after Lunch.

Inclusive

- Return transport from Nairobi – Jinja – Naivasha
- Accommodation budget in Jinja (at Backpackers camp 2 nights)
- Dinner and Breakfast in Jinja
- 1 full day of Rafting
- Accommodation at Fisherman’s Camp
- All meals in Naivasha
- 6 mountain bikes (Cycling in hells gate)
- Entrance fees to hells gate and Mt. Longonot
- Guide in Hells gate and Longonot
- Transport to Nairobi (Private means)

Safari Minimum 4 persons (Tented Camping) or (Lodge 5 Star Hotel)

This is for Nature and Animals enthusiasts.

Day 1

Nairobi/Maasai Mara – Pick up from Hotel/Lodge/Hostel

Depart from our Nairobi office for a journey south

Depart from Nairobi for a journey south along the floor of the great floor of the Great Rift Valley. Lunch at Narok and then climb the western wall entering “Hemingway’s Country Serengeti Plains” Arrive late afternoon in the Maasai Mara Game Reserve. Early evening game-drive and return to the camp/lodge for diner and overnight.

Day 2

A full day spent game viewing across the rich tree studded grassland and rolling hills. The famous Mara is renowned for its great herds of plain’s game, black maned lion,

leopard and cheetah. It also has numerous elephants and virtually every type of wildlife to be found in Kenya. All meals and overnight at camp.

Day 3

e: info@pamoja.co.ke / internationalworkcamps@pamoja.co.ke / midlongterm@pamoja.co.ke
www.pamoja-international.org



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Pre Breakfast game drive, back to the camp/lodge for late breakfast. Leave Maasai Mara, lunch en-route arrive in Nairobi late afternoon.

Inclusive (Tented Camping)

- Camping equipment
- Game park entry fees
- Campsite fees including use of two person tents
- Transport by safari vehicles
- Cook and Meals
- Driver and Guide

What to bring

- Torch
- Insect repellent
- Films
- Personal effects
- Sense of humour, adventurous spirit and a willingness to participate will be highly appreciated.

Lodge

- Transport by safari vehicles
- Game park entry fees
- Driver and Guide
- Accommodation full Board
- Meals

5 days Mt Kenya Climbing

Day 1

Leave Nairobi accompanied by the mountain guide and lunch. Spend the remaining part of the day acclimatizing due to the sudden change of altitude or walk to the maunau caves. Dinner and overnight at campsite or hotel in Nanyuki.

Day 2

Transfer from hotel, or short walk to sermon gate where the climbing starts, walk through the rain forest for 9 kms (5 hours walk) to the first mountain hut – Old Moses (3300m) Night and dinner at Old Moses camp

Day 3

After breakfast at old Moses and continue climbing through Mackinder's valley to the second hut – shipton hut (4200m) 5 – 8 hours walk. Dinner and overnight at shipton's camp.



Day 4

Early in the morning climb to point Lenana 4985m (17,058ft). On a very clear day we should see Mt. Kilimanjaro in the south, Mt. Elgon to the west and Indian Ocean to the east. We descend to Shipton camp for main breakfast and soon after descend to Old Moses for the night. Alternatively walk down to the meteorological station (6-7 hours) walk. Night at the meteorological bandas.

Day 5

After breakfast from Old Moses catch transport to Nairobi. Alternatively descend early in the morning to Naromoru Gate Park where we take our transfer back to Nairobi arriving late afternoon.

8 days Turkana Special Minimum 4 persons

Day 1

0930 hours leave Nairobi or Nakuru for Lake Baringo. Picnic lunch enroute. On arrival at Lake Baringo in the afternoon, set up a camp/ check in at a lodge. Those who prefer can organize for a boat trip to see the many birds on the island. Dinner and overnight at camp/lodge.

Day 2

0700 hours. After breakfast leave Baringo for Maralal. Picnic lunch enroute. A walk after lunch through the most colourful town, before proceeding to Baragoi via Losiolo which is on the edge of the Great Rift Valley. Dinner and overnight at the camp/lodge.

Day 3

0730 hours. After breakfast leave south Horr for Lake Turkana arriving in time for lunch at El-Molo campsite/lodge which is on the shore of Lake Turkana. Rest of the day at leisure by the Jade Sea. Dinner and overnight at the camp lodge.

Day 4

After breakfast visit El-Molo village. Lunch at campsite/lodge. Afternoon at leisure, fishing or swimming if the crocodiles permit. Dinner and overnight at the campsite/lodge.

Day 5

0900 hours. After breakfast leave Turkana for Maralal. Lunch enroute. Dinner and overnight at Maralal in the camp/lodge.

Day 6

0830 hours. After breakfast leave Maralal for Samburu/Game Reserve. On arrival proceed to the camp site. Lodge and thereafter proceed for a late evening game drive. Return to the camp/lodge for dinner and overnight.



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Day 7

0630 hours. Early morning game drive. Return to the camp for breakfast 1000 hours. After breakfast further game drive. Return for Lunch. Further game drive form 1600 – 1800 hours. Dinner and overnight at the camp/lodge.

Day 8

0800 hours. After breakfast leave Samburu for Naromoru river Lodge (picnic lunch). Drop off clients who want to stay behind to climb Mt. Kenya. After lunch leave for Nairobi.

Please carry your own water for this trip

06 days Liota (Maji Moto – Nguruman) Minimum 4 persons

This is an eco-tourism related program for those interested in search of adventure while on foot and coming face to face with the plains game and Maasai people.

Day 1

Depart Nairobi and pass through the rift valley to Narok Town. After half an hour drive from Narok we drop or stop at “**Maji Moto**” – Kiswahili word meaning hot water. Proceed on to **Ndarara** camp for lunch. Walk for 1 ½ - 2 hours to **Ndarara camp** for dinner and overnight (this is not an established camp, but a makeshift camp as you assist your guide with pitching them up).

Day 2

After breakfast leave Ndarara to Letukunyi, this walk will take 5 – 6 hours through the scattered bushes. Dinner and overnight at **Letukunyi**.

Day 3

Depart Letukunyi early enough before the sun is too hot and pass Narosora for lunch or purchase what might be out of stock. After sometime with the Maasai people in this modern Maasai town then proceed to **Morinjo** for dinner and overnight in a selected area.

Day 4

Leave Morinjo and walk through the forest (this is one of the few remaining true forestry wilderness areas in East Africa). This walk takes 5 – 6 hours. Dinner and overnight at **Enkutoto** camp.

Day 5

Two options:-

- Leave Enkutoto and pass along the left side of the rift valley via the Nguruman Escarpment to Nguruma town for dinner and overnight at a local hotel.



- Or leave Enkutoto not too early, walk leisurely for 4 – 5 hours to Njoroi campsite for dinner and overnight. This camp has an excellent view of the surrounding areas which include Lake Magadi, Ngong Hills, Lake Natron in Tanzania on a clear day.

Day 6

After breakfast descend down the escarpment and through small farms to Nguruman town for your journey back to Nairobi via Lake Magadi and Olgasiale Prehistory sites and arrive in Nairobi afternoon.