

## **Volu-Tourism Itinerary 2009**

**Ideal for family, friends, groups and business and adventurous people**

**In addition we are encouraging people to visit the slums in Nairobi to take time and see the progress people are doing living in poverty, we are organizing a 3 hours visit in Nairobi where you can take time to talk to people and children and see how you can assist them either morally, financially and spiritually.**

### **One Day Educational Tour of Nairobi City**

Tour covers the Nairobi City Center, Maasai Market/City Market, Parliament buildings, Railway Station, National Museum, Bomas of Kenya, National Archives, Mamba Village and Outing at one of Nairobi's Disco club (African Fusion) e.t.c

The tour starts at 10:00a.m at National archives, 11:00a.m National Museum, 1:00p.m, Maasai Market, 2:30p.m Bomas of Kenya or Mamba Village and 9.00p.m Disco club.

### **Adventure/Expedition Minimum 4 persons**

This is designed for adventurous or sport oriented persons.

Day 1 Nairobi to Jinja – over night at Back Packers Camp

Day 2 Full day of Rafting at the Source of the Nile – over night at Back Packers

Day 3 transfer from Jinja to Naivasha overnight at Fisherman's Camp

Day 4 full day of trekking/cycling at Hell's gate national Park meals and overnight at fisherman's camp.

Day 5 Mount Longonot hiking – 1 hour climbing up, 2 and half hours to cover the crater rim, 1 hour descending down, and then return to Nairobi after Lunch.

### **Inclusive**

- Return transport from Nairobi – Jinja – Naivasha
- Accommodation budget in Jinja (at Backpackers camp 2 nights)
- Dinner and Breakfast in Jinja
- 1 full day of Rafting
- Accommodation at Fisherman's Camp
- All meals in Naivasha
- 6 mountain bikes (Cycling in hells gate)
- Entrance fees to hells gate and Mt. Longonot
- Guide in Hells gate and Longonot
- Transport to Nairobi (Private means)

### **Safari Minimum 4 persons (Tented Camping) or (Lodge 5 Star Hotel)**

This is for Nature and Animals enthusiasts.

### **Day 1**

Nairobi/Maasai Mara – Pick up from Hotel/Lodge/Hostel

Depart from our Nairobi office for a journey south

Depart from Nairobi for a journey south along the floor of the great floor of the Great Rift Valley. Lunch at Narok and then climb the western wall entering “Hemingway’s Country Serengeti Plains” Arrive late afternoon in the Maasai Mara Game Reserve. Early evening game-drive and return to the camp/lodge for diner and overnight.

### **Day 2**

A full day spent game viewing across the rich tree studded grassland and rolling hills. The famous Mara is renowned for its great herds of plain’s game, black maned lion, leopard and cheetah. It also has numerous elephants and virtually every type of wildlife to be found in Kenya. All meals and overnight at camp.

### **Day 3**

Pre Breakfast game drive, back to the camp/lodge for late breakfast. Leave Maasai Mara, lunch en-route arrive in Nairobi late afternoon.

### **Inclusive (Tented Camping)**

- Camping equipment
- Game park entry fees
- Campsite fees including use of two person tents
- Transport by safari vehicles
- Cook and Meals
- Driver and Guide

### **What to bring**

- Torch
- Insect repellent
- Films
- Personal effects
- Sense of humour, adventurous spirit and a willingness to participate will be highly appreciated.

### **Lodge**

- Transport by safari vehicles
- Game park entry fees
- Driver and Guide
- Accommodation full Board
- Meals

### **5 days Mt Kenya Climbing**



### Day 1

Leave Nairobi accompanied by the mountain guide and lunch. Spend the remaining part of the day acclimatizing due to the sudden change of altitude or walk to the maumau caves. Dinner and overnight at campsite or hotel in Nanyuki.

### Day 2

Transfer from hotel, or short walk to sermon gate where the climbing starts, walk through the rain forest for 9 kms (5 hours walk) to the first mountain hut – Old Moses (3300m) Night and dinner at Old Moses camp

### Day 3

After breakfast at old Moses and continue climbing through Mackinder's valley to the second hut – shipton hut (4200m) 5 – 8 hours walk. Dinner and overnight at shipton's camp.

### Day 4

Early in the morning climb to point lenana 4985m (17,058ft). On a very clear day we should see Mt. Kilimanjaro in the south, Mt. Elgon to the west and Indian Ocean to the east. We descend to shipton camp for main breakfast and soon after descend to old Moses for the night. Alternatively walk down to the meteorological station (6-7 hours) walk. Night at the meteorological bandas.

### Day 5

After breakfast from Old Moses catch transport to Nairobi. Alternatively descend early in the morning to naromoru Gate Park where we take our transfer back to Nairobi arriving late afternoon.

## 8 days Turkana Special Minimum 4 persons

### Day 1

0930 hours leave Nairobi or Nakuru for Lake Baringo. Picnic lunch enroute. On arrival at Lake Baringo in the afternoon, set up a camp/ check in at a lodge. Those who prefer can organize for a boat trip to see the many birds on the island. Dinner and overnight at camp/lodge.

### Day 2

0700 hours. After breakfast leave Baringo for Maralal. Picnic lunch enroute. A walk after lunch through the most colourful town, before proceeding to Baragoi via Losiolo which is on the edge of the Great Rift Valley. Dinner and overnight at the camp/lodge.

### Day 3

0730 hours. After breakfast leave south Horr for Lake Turkana arriving in time for lunch at El-Molo campsite/lodge which is on the shore of Lake Turkana. Rest of the day at leisure by the Jade Sea. Dinner and overnight at the camp lodge.

#### **Day 4**

After breakfast visit El-Molo village. Lunch at campsite/lodge. Afternoon at leisure, fishing or swimming if the crocodiles permit. Dinner and overnight at the campsite/lodge.

#### **Day 5**

0900 hours. After breakfast leave Turkana for Maralal. Lunch enroute. Dinner and overnight at Maralal in the camp/lodge.

#### **Day 6**

0830 hours. After breakfast leave Maralal for Samburu/Game Reserve. On arrival proceed to the camp site. Lodge and thereafter proceed for a late evening game drive. Return to the camp/lodge for dinner and overnight.

#### **Day 7**

0630 hours. Early morning game drive. Return to the camp for breakfast 1000 hours. After breakfast further game drive. Return for Lunch. Further game drive form 1600 – 1800 hours. Dinner and overnight at the camp/lodge.

#### **Day 8**

0800 hours. After breakfast leave Samburu for Naromoru river Lodge (picnic lunch). Drop off clients who want to stay behind to climb Mt. Kenya. After lunch leave for Nairobi.

**Please carry your own water for this trip**

#### **06 days Liota (Maji Moto – Nguruman) Minimum 4 persons**

This is an eco-tourism related program for those interested in search of adventure while on foot and coming face to face with the plains game and Maasai people.

#### **Day 1**

Depart Nairobi and pass through the rift valley to Narok Town. After half an hour drive from Narok we drop or stop at “**Maji Moto**” – Kiswahili word meaning hot water. Proceed on to **Ndarara** camp for lunch. Walk for 1 ½ - 2 hours to **Ndarara camp** for dinner and overnight (this is not an established camp, but a makeshift camp as you assist your guide with pitching them up).

#### **Day 2**

After breakfast leave Ndarara to Letukunyi, this walk will take 5 – 6 hours through the scattered bushes. Dinner and overnight at **Letukunyi**.

### Day 3

Depart Letukunyi early enough before the sun is too hot and pass Narosora for lunch or purchase what might be out of stock. After sometime with the Maasai people in this modern Maasai town then proceed to **Morinjo** for dinner and overnight in a selected area.

### Day 4

Leave Morinjo and walk through the forest (this is one of the few remaining true forestry wilderness areas in East Africa). This walk takes 5 – 6 hours. Dinner and overnight at **Enkutoto** camp.

### Day 5

Two options:-

- Leave Enkutoto and pass along the left side of the rift valley via the Nguruman Escarpment to Nguruma town for dinner and overnight at a local hotel.
- Or leave Enkutoto not too early, walk leisurely for 4 – 5 hours to Njoroi campsite for dinner and overnight. This camp has an excellent view of the surrounding areas which include Lake Magadi, Ngong Hills, Lake Natron in Tanzania on a clear day.

### Day 6

After breakfast descend down the escarpment and through small farms to Nguruman town for your journey back to Nairobi via Lake Magadi and Olgasiale Prehistory sites and arrive in Nairobi afternoon.